

Multiplicity

the bimonthly newsletter of the San Francisco Parents of Multiples Club
volume 3, no. 3 May - June 2011

CONSIGNMENT SALE REPORT

Deborah Granelli (Mama to Enzo & Vienne, 2/09)

The infamous SFPOM Consignment Sale has a long, rich history, happening twice yearly. Members and non-members alike look forward to the sale, hunting for bargains and visiting with friends. This Spring it was held on Saturday, March 19th, in the same space at St. Mary's as it has been in the last few times.

This year a bold change was tried. The change was made to help alleviate the amount of work and volunteers required to carry out the sale. It was a long shot and everyone held their breath, waiting to see what the response would be.

>> *continued on page 3*

Telephone Mamas: Separating Families to Serve Our Own

Pamela Alma Weymouth (Mama to Quinn & Aidan 2/07)

I have known women who mother their children from afar: by check, or Western Union, or bills tucked into letters. They mother by telephone or cards sent through a mail service so unreliable that by the time the news arrives it is already old. They mother by way of presents stuffed into suitcases on their way to El Salvador, Mexico, Guatemala, Honduras, Nicaragua.

They have risked arrest, robbery, rape. They have risked death by heatstroke, death by drowning in the Rio Grande, death by the bullet of an Arizona vigilante, a Texas rancher or an overzealous border patrol.

>> *continued on page 12*

JOIN SFPOM

The San Francisco Parents of Multiples Club is a network of parents and expectant parents of multiples. We are a volunteer organization, run cooperatively by and for our members.

The goal of the Club is to provide its members and their families with friendship, support, and information on parenting twins, triplets, and more.

Benefits include access to SFPOM's:

- **New and Expectant Parents Group**
- **Toddlers Support Group**
- **Premie, Halloween, and Snow Clothes Closets**
- **Online community of over 400 SFPOM members**
- **Monthly General Meetings, featuring experts speaking on myriad topics of interest to parents**
- **Quarterly Family Outings and Parents' Night Out Events**
- **Subscription to our bimonthly newsletter, Multiplicity**

Annual Membership is \$55 plus volunteer time or paid opt-out. To join or for more information, please visit our website at www.sfpom.org.

IN THIS ISSUE POM Consignment Sale Report
Telephone Mamas

IN EVERY ISSUE President's Message
Birth Announcements
Recipes
Events Calendar

EDITOR'S MESSAGE

Natasha Glushkoff

Mama to Lorelei & Melisande (6/09)

Warmest greetings, SFPOM parents, and an extra-special thank you to all of you who volunteered your valuable time at the Spring Consignment Sale, making it such a success! We couldn't have done it without you.

As a reminder, for those of you who joined POM electing the volunteer time option over the "paid opt-out," there are still plenty of painless, fun ways to volunteer and contribute your unique energies and talents to this great organization.



At the time of this printing, some of those options include: becoming our Board Secretary, establishing the "Marketing Chair" position, scheduling Moms' Nights Out, managing the various loaner clothing "Closets," and writing for the Newsletter - one article will probably fulfill your yearly commitment! Watch the BigTent Forum postings for others, as they come up regularly. It's a great way to get to know your fellow Club members, too.

In this issue of Multiplicity, you will find: a full report on the outcome of the Spring Consignment Sale; a piece that will likely make you hug and hold your kids a little tighter; and a recipe that will guarantee a big kiss for the cook!

Wishing each one of you a most happy and delightful Mother's Day/Father's Day!

PRESIDENT'S MESSAGE

Sebastian Ebringer, SFPOM President

Father to Flora and Madeline (4/09)

Consignment Sale Redux: The Club's biggest event is behind us and I hope you shopped, sold, and happily socialized with other Club members, whilst keeping warm on that blustery Spring Saturday. Judging by the number of sellers, sheer quantity of children's gear exiting the hall, and volume of post-sale comments, it's evident a lot of Club members profited from the sale. The Club's mission is to provide support and assistance to all parents and expectant parents of multiples in the Bay Area. I hope that the sale has gone some way to fulfill this edict.

Thank you for being open-minded about the new format. As Deborah Granelli, the sale's stellar chair, writes later in this issue, we were a little worried that there were not going to be enough sellers prepared to man their own booths. As it turned out, we were at capacity and happily 85% of sellers were Club members.

Similarly, given the fact we had to decide pretty late if the sale was a go or not, we were pleasantly surprised by the decent number of buyers attending. Indeed, fortified by over 100 bagels, a dozen coffeecakes, six gallons of OJ, and enough coffee - caffeinated only, please - to float an armada, the Cathedral Hall witnessed one of its most busy Saturdays. A sincere thank you to all of the sellers, buyers, and especially volunteers who made the event possible.

As you pack away your new loot, spend your selling profits on adult appropriate libations, and contemplate how you're going to store a year's worth of items for the

next sale, perhaps it's time to think about a semiannual versus annual event. In the end, we had just enough volunteers to run the sale, plenty of sellers, and a respectable number of buyers, but the event cost the Club a significant amount of money. As this was our initial foray into trying something new, the Board believed it was acceptable to lose some money on the sale, especially since it served the needs of so many of our Club's members. However, as we look ahead to the next sale, regardless if it is this fall or next spring, we are forced to refine the format.



To reduce the Club's monetary loss, we are looking at raising sellers' table rental fees, with non-members' fees raised more than members', charging for entry, allowing professional retailers to rent tables, and accepting sponsorship for the sale. We have received some excellent feedback from members already.

If you have further suggestions, please send them to consignmentsale@sfpom.org. I hope that you agree we are off to a good start with the new format. Though further adjustment is needed, if everything looks promising, we may have a Fall Consignment Sale.

A Bientôt!

Consignment Sale Report

<< continued from page 1

It was decided that we would have each person who wanted to sell items register for a "booth" (one table and one clothing rack) and sell their items themselves. All proceeds would go directly to the seller, and they would pay a nominal fee for the booth. We could accommodate 50 sellers and needed 30 volunteers. Sellers signed up and fantastic volunteers followed.

It was pouring rain the day of the sale, while 46 sellers put the finishing touches on their booths inside. Everyone wondered how our new sale would work out. At 9:00 a.m. the doors opened and for the next four hours, a shopping frenzy ensued. We had a good turnout, the energy in the room was buzzing, and the sense of community was amazing.

People who hadn't seen each other in a while reconnected, deals and bargains were found everywhere, and 1:00 p.m. snuck up on everyone. Sellers had a great time talking to people, making deals, and trying to figure out how to make everything they brought fit in the tiny booth space available.

We got wonderful feedback!* We got some great suggestions for the next sale as well. Sellers made some money, buyers found great bargains, and the incredible group of volunteers who put this together weren't overworked. To all of the people who volunteered to help put the sale together: THANK YOU! It couldn't have happened without you. You were amazing! All in all, the new consignment sale was a success.

***Note from the Editor -- here's a sampling of the feedback received:**

"A HUGE thank you to [everyone] who spent countless hours planning and running the sale! It was a GREAT success! When I finally had a chance to reflect on how the sale went, think about all the stuff that we were able to get out of our house and find a new home for and the wonderful time I had doing it ... on a scale from 1 to 10, I would rate it an 11. It was great to chat with other members, share wisdom and offer encouragement ... finding great deals was just the icing on the cake."

"I just wanted to add to the list of positives from the consignment sale. I thought the clean up went extremely well. Everything was cleaned up, packed, and taken away within 45 minutes. The room was spotless. Thanks again for a job well done!"

>> continued on page 8



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DADS' NIGHT OUT

Thursday, May 19, 7:00 p.m.
Rosamunde Sausage Grill
2832 Mission Street (near 24th)

We had a great turn out last time - hope you can join us in May!!

MOMS' NIGHT OUT

Thursday, June 16, 6:00 p.m.
Bar Agricole
355 11th Street
(between Folsom & Harrison Streets)

We had great fun last time - hope you can join us in June!!

BIRTH ANNOUNCEMENTS



Shaan & Noah

Anand and Laura Swaminathan welcomed fraternal twins Shaan & Noah on 03/20/2010. True to themselves, Shaan arrived before any doctor, while Noah relaxed inside for another 91 minutes. They were welcomed by big brother, Rohan, who turned 2 years old four days later. This announcement is - understandably - one year late!



Zeke and Maizie

Zeke and Maizie Rosen (5 lbs 14 oz and 5 lbs 5oz, respectively, and both 18 inches long) were born at 38 weeks on 3/21/2011 at 4:04 PM and 4:05 PM. Mom Marni Rosen and both babies doing well!



Madisyn & Noah

Wendy Knel and Chris Sharp announce the arrival of their Dynamic Duo, Madisyn Adeline ("Maddie") and Noah Sam ("Noey.") The Dynamic Duo were born at 38 weeks 1 day at UCSF on 02/14/2011. Maddie was born at 3:29 PM and weighed in at 6 lbs 1 oz and was 19 inches long and Noey was born at 3:31 PM and weighed in at 5 lbs and was 18 inches long. Both are healthy, alert and thriving!



Rowley & Soraya

Anthony Justman and Laudan Raissi are pleased to announce the arrival of Rowley Carrera and Soraya June on 11/15/ 2010. Born at 31 weeks, Rowley weighed 4 lbs 13 oz. and was 18 inches long, and Soraya weighed 4 lbs 6 oz and was 17 inches long. After an extended stay at CPMC, they are both home and doing well.



**Would you like to
CELEBRATE
your new arrival(s)
in an upcoming issue of
Multiplicity?**

If so, please send an email entitled "Birth Announcement" with your children's birthdate, names, weights, and a short description (50 words or less) along with newborn photos to newarrivals@sfpom.org.



Harry & Heidi

Margaret Eriko and Esteban Torres are excited to announce the arrival of their twins on 01/13/2011. Harry Esteban Torres weighed in at 5 lbs and was 18 inches long. Heidi Maria Torres weighed in at 3 lbs 12 oz and was 16 inches long. They were born at 7:03 AM and 7:20 AM, respectively. Mother and babies returned home on 01/17/2011 and all are doing well. They were welcomed by both grandmas who flew in from New Jersey and LA and their father, Esteban. Harry is very feisty and talks when he eats whereas Heidi is more demure and loves to hear her grandma sing.



Tyler & Alex

Shannon & Erik King are proud to share the news of their twins' arrival. Tyler King and Alex King were born on 12/10/2010. Tyler weighed 6 lbs 1 oz and Alex weighed 6 lbs 10 oz.



Marlo & Finn

Jenny Baumgartner is overjoyed to announce the arrival of her beautiful munchkins, Marlo Cailin (3 lbs 13 oz, 17.75 inches) and Finn Oliver (5 lbs 2oz, 18 inches) on what is now her most memorable birthday, 1/22/2011.





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Are you a stay at home parent or a parent working from home needing a flexible daycare provider for your child?

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No matter what your situation you can go through your day with peace of mind knowing your child is in a safe, loving environment getting all their needs met as they are having fun, making friends and learning skills they will need for a successful transition into preschool.

10% discount to second sibling

To schedule a tour call Kendra @ **650-756-6993** & for more info type in your web browser www.academyforlittlemindsdaycare.com/

MAY Meeting No. 1:

What's Going On In There? The Brain And Behavior In Young Children (Up To 6 Years)

Bonnie Romanow
Wednesday, May 11
6:30-8:45 p.m.
Sports Basement

1590 Bryant Street, San Francisco

Learn about brain growth in young children, gain a deeper understanding of behavior, and develop more empathetic and realistic expectations.

Bonnie Romanow is an early childhood mental health consultant and trainer, childhood development specialist, and Jane Nelsen-certified parent educator. An expert parent consultant, Bonnie has been educating parents for almost ten years and has helped hundreds of families.

MAY Meeting No. 2:

Understanding Behavior Through The Lens Of Temperament To Increase The Peace At Home

Rona Renner, RN
Wednesday, May 18
6:30-8:45 p.m.
Sports Basement

1590 Bryant Street, San Francisco

All children are different, and come into the world with a unique behavioral style. We'll review nine temperament traits and see how understanding the "goodness of fit" between parents and children can reduce stress for everyone in the family.

Rona Renner RN has been a temperament specialist for 20 years, nurse for 45 years, parent of four, grandparent of two, and is the host of Childhood Matters Radio show heard every Sunday at 7:00 a.m. on 98.1KISS FM and anytime on the web at <http://www.childhoodmatters.org>

JUNE General Meeting:

Embracing the First Twelve Months

Karen Kesti, RN
Tuesday, June 7
6:30-8:45 p.m.
Sports Basement

1590 Bryant Street, San Francisco

New and expectant parents: ever wonder how you will need to adjust your schedule for your babies' first twelve months? Our June guest speaker, Karen Kesti, will help guide you on this journey with a focus on creating harmony and preventing unexpected problems.

Learn how to master the dynamics of breastfeeding and how to build good eating habits for a healthy and happy baby. Learn what to feed and not feed your baby. See how to develop an individualized feeding schedule. Learn how to set nap and nighttime routines with an overview of the Sleep Association Method, which provides parents with a happy, healthy alternative to "crying it out."

A no-nonsense person with a loving personality and style, Karen Kesti (a Registered Nurse for 30+ years) is committed to providing valuable services to women, infants, and families. Since 1981, Karen has worked exclusively in the areas of Obstetrics and Infant Care accumulating extensive experience ranging from healthy newborn to high-risk infants. In 1993, Karen identified that families with high-risk infants (multiples, premature, and neonatal intensive care babies) were in serious need of advice and help once their babies arrived home from the hospital.



Last month's General Meeting on "Discipline" was clearly a hot topic.

Consignment Sale Report

<< continued from page 3

"Deborah, you were awesome! It was all relaxed and under control, congrats! I think change is hard on people, they get stuck in a certain way of doing things...after one or two more of these (if that does pan out), no one will even remember the old sales! I know it was a pretty big expense for the club to do it this way and we're wracking our brains to come up with a plan to use/store club racks in a much more cost effective way, but we didn't come up with anything yet. Congrats again, nice job!"

"As a seller, I thought the new format was FANTASTIC! It was so much easier than the old format for sellers. The turnout of buyers was a bit disappointing compared to previous sales where the line was out the door, and folks had to wait just to get into the sale. Perhaps it was the nasty weather, or less people knew about the sale since you haven't had one in awhile?"

"I hope you continue with this new format for future sales, and also that you go back to having the sale twice a year. I always sold more in the fall sale as people gear up for the holidays, especially when looking for coats/long pants and cheap toys!"

"Overall, I had a FANTASTIC experience, and will definitely be among the first in line to sell again."

"LOVED getting to be near my friends in a 'quad' like setting. It worked really well for us to cover each other while one ran off in search of the elusive double trike."

"LOVED getting to keep all the money!"

"The food in the beginning was great, much appreciated."

"Great to still have large items handled by someone else."

"Members of the Board circulating and checking in with us periodically was a nice touch."

"...really enjoyed the sale... it was definitely nice to talk to folks about what things worked, get ideas and practical advice for toys/activities, be able to answer really specific questions about items we were selling, etc."

"With the ease of operation this time around, would the club consider going to two sales per year again? I would definitely sell twice!"

"It was a wonderful experience to be among our members, other parents, other twins parents. I got to see many of my preemie closet customers with their babies out of the NICU, etc. Overall, just a wonderful experience getting to be among other members of the club."

PREEMIE CLOSET

You only need preemie clothes for a short period of time, so instead of buying them, borrow them from our Preemie Closet! Barely worn, very cute outfits are available.

We also gratefully accept donations of any preemie outfits you have purchased, but no longer need.

For more information, contact:
preemiecloset@sfpom.org



Of all the joys that lighten suffering earth, what joy is welcomed like a new-born child?

- Caroline Norton



Short Attention Span Circus

Saturday, May 14

Andy Z

Saturday, May 21

Gustafer Yellowgold

Saturday, May 28

Shows start at 11 a.m.

Buy tickets online.



Bay Area
Discovery
Museum

www.BayKidsMuseum.org



MOTHER'S DAY
is Sunday, May 8th!

An ounce of mother is worth a ton of priest.

- Spanish Proverb

A mother is not a person to lean on but a person to make leaning unnecessary.

- Dorothy Canfield Fisher

It is the nightly custom of every good mother after her children are asleep to rummage in their minds and put things straight for next morning, repacking into their proper places the many articles that have wandered during the day.

- J.M. Barrie

Spring 2011 Family Outing:

Over twenty families came out to West Portal Playground on a sunny, blustery day to be part of the Family Outing on April 2nd. A generous breakfast buffet and plenty of juice and coffee were on hand, and the kids enjoyed a lively puppet show before hitting the playground equipment and running around like maniacs.



Kids taking turns petting the puppeteer's bird.

RECIPE

Overnight French Toast

The perfect recipe for Mother's or Father's Day! Because most of the assembly is done the night before you eat it, all you need to do in the morning is pop it in the oven and set out whatever toppings you like! For the sweet version, you can add 3 to 4 teaspoons of sugar and a tablespoon of vanilla to the egg mixture and serve with jam, jelly, almond butter, powdered sugar, lemon, etc. For savory style, sprinkle in some herbs and spices, and top with sliced avocado and grated cheese.

This recipe is adaptation-friendly, doubles easily and reheats beautifully. The rich custardy texture makes this a tasty treat for little ones, too!

Butter or spray shortening

1 10-ounce baguette (the crustier, the better) cut into 1 to 2 inch-thick slices

8 large eggs

3 cups milk, any kind

3/4 teaspoon salt

[optional seasonings mentioned above]

~2 tablespoons lightly-salted butter/margarine

Grease a 13 x 9 x 2 casserole dish or baking pan. Arrange bread in single layer in dish. Setting aside butter, combine all remaining ingredients in a large mixing bowl. Once thoroughly mixed, pour over bread in dish. Cover with foil and refrigerate 4-36 hours.

To bake, uncover pan, dot bread tops with remaining butter if desired, and place in cold oven. Turn temperature to 350 degrees and bake 45-50 minutes or until bread is puffy, browned and irresistible. Let stand five minutes before serving.



**Why, 'tis a happy thing
To be the father unto many sons.**
- William Shakespeare: *Henry VI, Part III*

One father is more than a hundred Schoolemasters.
- George Herbert, *English Poet & Anglican Priest*

FATHER'S DAY is Sunday, June 19th!

"(Father's Day is a) poorly disguised plot of some necktie, tobacco, whiskey and lottery promoters."

- Anna Jarvis, *Founder of Mother's Day*

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Telephone Mamas

<< *continued from page 1*

They have hidden in hot, sealed trucks packed with a hundred-plus strangers for twenty-two hours through foreign countries on their way from there to here. They have risked losing husbands and lovers, mothers and fathers, uncles and aunts, and their own offspring.

They have given up Sundays at church, afternoons in the square listening to mariachi music, eating ice cream atop a wall on a lazy day under the shade of the laurel trees. They have each risked missing the day when her child first learns to walk, the day her child comes home from school to show off a report card, the day the teacher calls to say her child is in trouble for cheating on a test and the opportunity to teach her not to cheat; each has risked missing the day her daughter gets her period, the day her son kisses his first girl.

They have risked losing their children's love with every time they cannot answer through the static telephone line the question: When are you coming home, Mama?

They compile excuses: when the laws change, when I save enough money, when President Clinton takes a stand, when President Bush passes that law, when President Obama gets elected, when President Obama lives up to his promises.

They have risked not being able to erase the rage of a little boy or girl who does not understand that Mama has gone to pay for the shoes and the school and the medicine for the flu and that Spiderman action figure or the Dora the Explorer doll. They have risked not being able to retrieve the lost years.

These women populate our most intimate spaces: our kitchens, our bathrooms, our playgrounds. We entrust them with the chores we would rather not do: cleaning our toilets, working our land, fighting our wars, wiping our babies' bottoms. We entrust them with our children, but we cannot entrust them to drive a car or to get a degree. We cannot entrust them with our Constitutional rights.

As an ex-social worker, as someone who spent years living in Mexico, as a mother, their stories have come to me: in my office, in the sandbox, over plates of hot quesadillas, on a milk crate in a tiny sweater store in a small Mexican town, whispered over the heads of my babies.

Beatriz came to me when my twin babies were five weeks old and small enough to fit into my husband's hat. I almost didn't hire her because she looked so young. But at 27 she knew things I was still trying to grasp at 38. She taught me how to calm an inconsolable baby, how to remain calm even when you're low on sleep and patience. She taught me how to rock one baby in the car seat with the tip of your toe, while you burp the other across your shoulder. Beatriz (who hasn't seen her 11-year-old son

and 14-year-old daughter in 9 years) swaddled my babies up like tamales with all the love that's left over, and then some.

I know what it is to leave my children for one night or two. I cannot imagine what it is to leave them for a month, and watching that month turn into a year, or two, or six, or nine. "How do you do it?" I asked.

She shrugged and said, "You do what you have to."

Beatriz' own mother left for the US when she was 12.

"Weren't you angry?" I asked.

"I was," she replied.

If you met Beatriz, you'd never know she carts around all this loss. She has the disposition of Mary Poppins. She knows how to blow bubbles with soap, water, and two bare hands. She knows how to make hats out of paper bags and how to make children obey by tickling them instead of scolding.

WELCOME NEW MEMBERS March - April 2011

Amy & Wayne Wu
Amy Anton & Todd Johnson
Anne & Joel Kaplan
Anne Marie & Ronan Concannon
Ava & Peter Gomez
Celia Chang & Cary Chen
Gillian Cho
Hannah Wright & Steve Lyons
Helen Huang & Nate Schuett
Hilleary & Chris Wright
Jen & Eric Sentlinger
Jennifer & James Nourse
Jessica Hidalgo & Andrew Law
Juliet & Ryan Rodriguez
LaSjon & Marcus Blacksher
Linda & Dan King-Byrnes
Martin Schwirn
Nancy & Peter Skewes-Cox
Oriane Scholler
Paul Schmidt & Nancy Nakano
Shaz Kahng & Bill Diotte
Tammy & Minoru Akuhara
Tanya Freedman & Nick Levinson
Virginia Chatham & Reggio Hearn

But one day when she was leaning over one of my babies I noticed her earrings: baby teeth dangling from gold clasps. Because she cannot carry her children she carries pieces of them.

Sometimes we have found ourselves on our knees picking up the clutter: the puzzles, the paintbrushes, the toy dishes, the duck on a string, the train set, the blocks that are so numerous you cannot walk without tripping over them. I regret that I cannot build a road with all these toys, that all the money in the world cannot buy her children what they need most.

Today Beatriz and her mother are reunited. They clean houses and babysit to send money home. Unlike so many others, Beatriz and her mother have been lucky enough to earn green cards, allowing them to work legally (thanks to a relative with citizenship who has filed for them). But until Beatriz' citizenship papers come through, she fears it is not safe to travel.

Beatriz calls home almost every day. One day, her daughter said to her, "Mami, you don't love me with all your heart."

Even though I fear losing Beatriz, I have encouraged her to go home. I am tired of participating in this love stealing -- where one child is robbed of a mother, and another gets twice the love. It's ironic that the political groups who

claim to cherish family values are themselves engaged in tearing other families apart.

I'm not normally religious, but Beatriz has taught me the importance of faith. She shrugs and say, "If God wills it." She has taught me that with faith you can learn to accept the unacceptable.

But I'm an American. I was taught to believe in justice for all, in the right of every individual to life, liberty, and the pursuit of happiness. I don't want to give up so readily.

On this Mothers' Day, I offer up a prayer (not to God) but to those I've always trusted in to create change: we the people. I pray that one day we will stop building walls and start building bridges. I pray that one day Beatriz (and all those other women like her) won't have to choose between leaving their children and putting food on their table. I pray that one day when I say to her "Feliz Dia de los Madres," it won't be an expression weighted with sorrow.

**Names have been changed to protect the privacy of those involved.*

This piece was first published in the Huffington Post. You can read more of Pamela's writing at:

<http://www.huffingtonpost.com/pamela-alma-bass/>



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SFPOM Volunteer Options still available (both ongoing and one-time opportunities)

Board Secretary
Marketing Chair
Quarterly Moms' Night Out Planner
Newsletter Recipe-Finder
Snow Clothes Closet Keeper
New Parent Meals

Enjoy Reading Multiplicity?

Please consider researching or writing an article for us, or contributing something you've already written, or a recipe you think other parents would appreciate. We're also accepting original artwork, as well as photographs of your family.

Please contact our Editor, Natasha Glushkoff, with any questions, comments or ideas: editor@sfpom.org.

Any of the above can easily fulfill your 4-hour volunteer commitment.

Having children is like having a bowling alley installed in your brain.

- Martin Mull

Setting a good example for children takes all the fun out of middle age.

- William Feather

Never raise your hand to your children - it leaves your midsection unprotected.

- Robert Orben

From a list of pros and cons for "prospective parents" [Pro:] Children ask better questions than do adults. "May I have a cookie?" "Why is the sky blue?" and "What does a cow say?" are far more likely to elicit a cheerful response than "Where's your manuscript?" "Why haven't you called?" and "Who's your lawyer?"

[Con:] Notoriously insensitive to subtle shifts in mood, children will persist in discussing the color of a recently sighted cement mixer long after one's own interest in the topic has waned.

- Fran Lebowitz

Free

Marin Community, School & Home Seminar

If you have been considering a move to Marin County but want to understand more about our County, this seminar is for you!

This free informational presentation will be given by:

Liz McCarthy a Marin Mom and REALTOR

- Marin Public & Private Schools
- Preschool information
- Micro Climates of Marin
- Commuting to and from SF
- Marin Communities
- Average home prices
- Mortgage Updates



What others have said about Liz: "Informative, well worth my time." "Fabulous, so glad I went, I told my friends to attend Liz's next seminar." "We thoroughly enjoyed working with Liz & would recommend her to anyone wanting to purchase a home in Marin."

Go to: www.MyMarinHouse.com to find the next seminar date

For next seminar date:
MyMarinHouse.com

If you can't attend the next seminar, or want to devise a Marin Home Buying Strategy call Liz today to schedule a one-on-one meeting



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COMMUNICATIONS COMMITTEE

Multiplicity Editor	Natasha Glushkoff	editor@sfpom.org
Copy Editor	Bree Hann	editor@sfpom.org
Multiplicity Designer	Steven Kahlich	newsletter@sfpom.org
Multiplicity Ad Coordinator	Katy Perez	ads@sfpom.org
Birth Announcements	Stacy Passman	newarrivals@sfpom.org
Webmaster - Big Tent	Jenia Semyonov	bigtent@sfpom.org
Marketing Chair	OPEN	

MEMBERSHIP COMMITTEE

New Parents Group Facilitator	Amy Kronk	newparents@sfpom.org
Toddler Support Group	Alison Collins	toddlersupport@sfpom.org
Meals for New Parents	Judy Lewenthal Daniel	meals@sfpom.org
Membership Information Specialist	Rosetta Cheung	memberinfo@sfpom.org
Philanthropy Chair	Marcy Ginsburg	philanthropy@sfpom.org
Preemie Closet Keeper	Helen Sing	preemiecloset@sfpom.org
Halloween Closet Keeper	Sheila Schroeder	halloweencloset@sfpom.org
Snow Clothes Closet Keeper	OPEN	snowclothescloset@sfpom.org
Preschool Age Playgroup	Florence Bray Judy Daniel	

CONSIGNMENT SALE COMMITTEE

Consignment Co-Chairs	Deborah Granelli Linda Lee	consignmentsale@sfpom.org
Consignment Sale Advisor	Martha Fulmer	

TO JOIN SFPOM:

415.440.TWIN or www.sfpom.org
Annual Membership Dues: \$55 plus volunteer hours or paid opt-out
To Volunteer on the Board: president@sfpom.org

HOW-TO LIST

FORUM MESSAGE BOARD (ListServ)

Access to our BigTent online community is for members only. To request access, contact Rosetta Cheung, Membership Information Specialist, at memberinfo@sfpom.org.

BIRTH ANNOUNCEMENTS

To announce the birth of your babies, just send an email, including a picture of your babies, and a short description (50 words or less) to newarrivals@sfpom.org, and we'll print it in the next issue of the Multiplicity.

ROSTER CHANGES

Please take a few moments to update your profile on BigTent with your current contact information and the names and birthdates of your children. Changes can be made by logging on to www.bigtent.com and clicking on "profile" in the upper right-hand corner.

MEALS FOR NEW PARENTS

New parents have enough to take care of during those first few months, so please let the Club deliver a free meal to your house during this time. If you're a new parent, contact meals@sfpom.org.

MEMBERSHIP

Renew and pay your dues online at www.bigtent.com. Contact membership@sfpom.org if you have questions.

NEW & EXPECTANT PARENTS GROUP

The New & Expectant Parents Group meets from 1:00 p.m. to 2:30 p.m. on the 2nd and 4th Tuesdays of the month. Meetings are held at Day One, located at 3490 California Street, 2nd Floor, Suite 203, in San Francisco. Entrance is on Locust above A.G. Ferrari's in Laurel Village. Parking is available on the street or in the garage under the building (for a fee). It's a great outing for new babies and their parents, as well as expectant parents. Contact newparents@sfpom.org with questions.

PREEMIE CLOSET

If you've given birth to preemies and don't want to spend a ton of money on clothes you're not going to use for long, or if you would like to donate clothes, contact preemiecloset@sfpom.org.

HALLOWEEN & SNOW CLOTHES CLOSETS

To borrow or donate children's costumes, contact halloweencloset@sfpom.org. Snow clothes can be donated and/or borrowed by contacting snowclothescloset@sfpom.org.

TODDLER SUPPORT GROUP

Join fellow SFPOM parents of children ages 1-3 and share the joys and challenges of life with toddlers. The group meets quarterly at Kaiser Permanente on Geary Blvd. Upcoming meeting information is announced in the Multiplicity and on BigTent, or contact Alison Collins at toddlersupport@sfpom.org



May 2011						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2011						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 10, 24 & June 14, 28
New & Expectant Parents Meetings
1:00 to 2:30 p.m.
(2nd & 4th Tuesdays of each month)

May 11 - General Meeting No. 1
Brain / Behavior
6:30 to 8:45 p.m.

May 18 - General Meeting No. 2
Temperament
6:30 to 8:45 p.m.

May 19 - Dads' Night Out
7:00 to 9:00 p.m.

June 7 - General Meeting
First Twelve Months
6:30 to 8:45 p.m.

June 16 - Moms' Night Out
6:00 to 8:00 p.m.

SFPOM
P.O. Box 2545
San Francisco, CA 94126